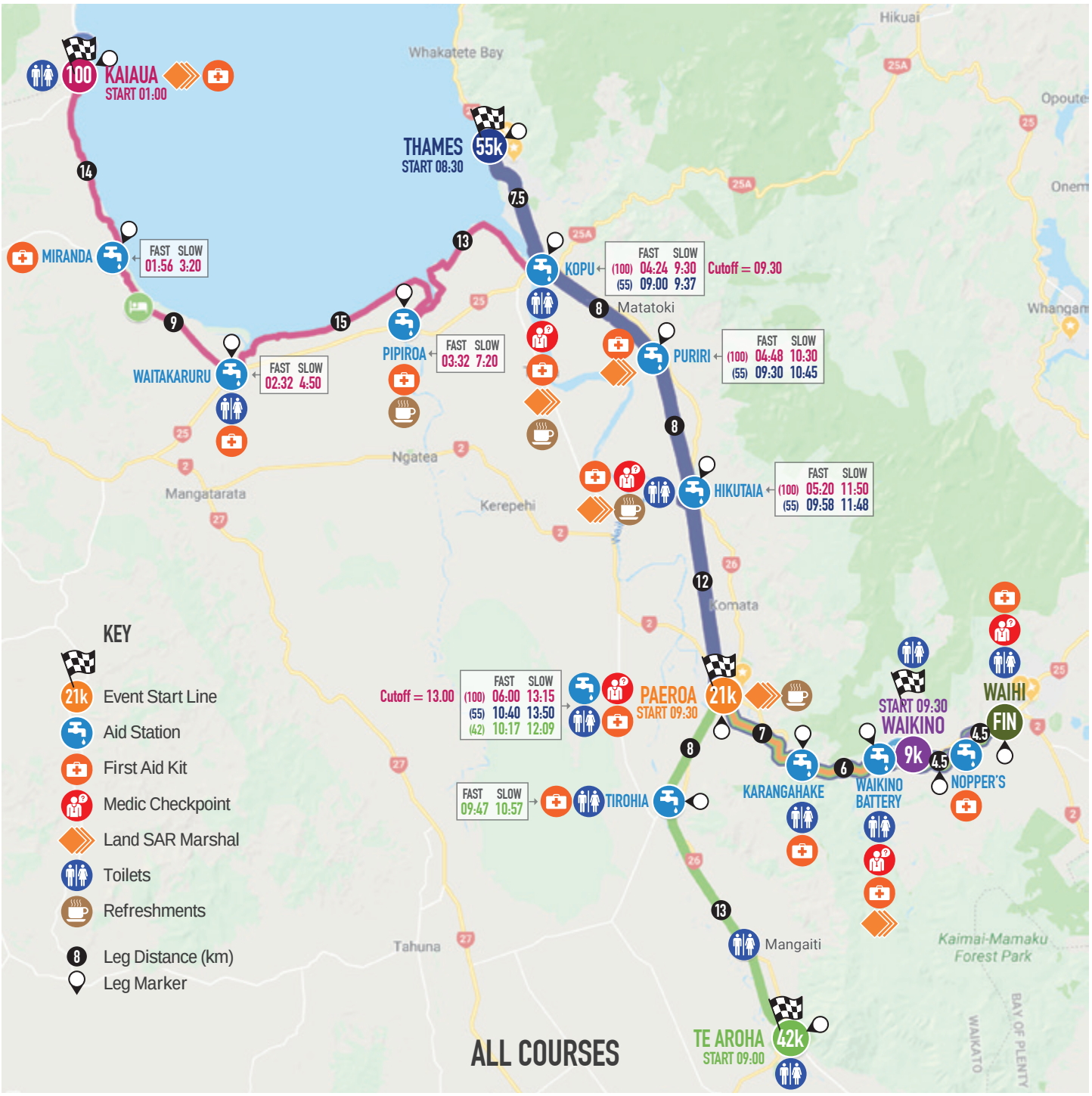
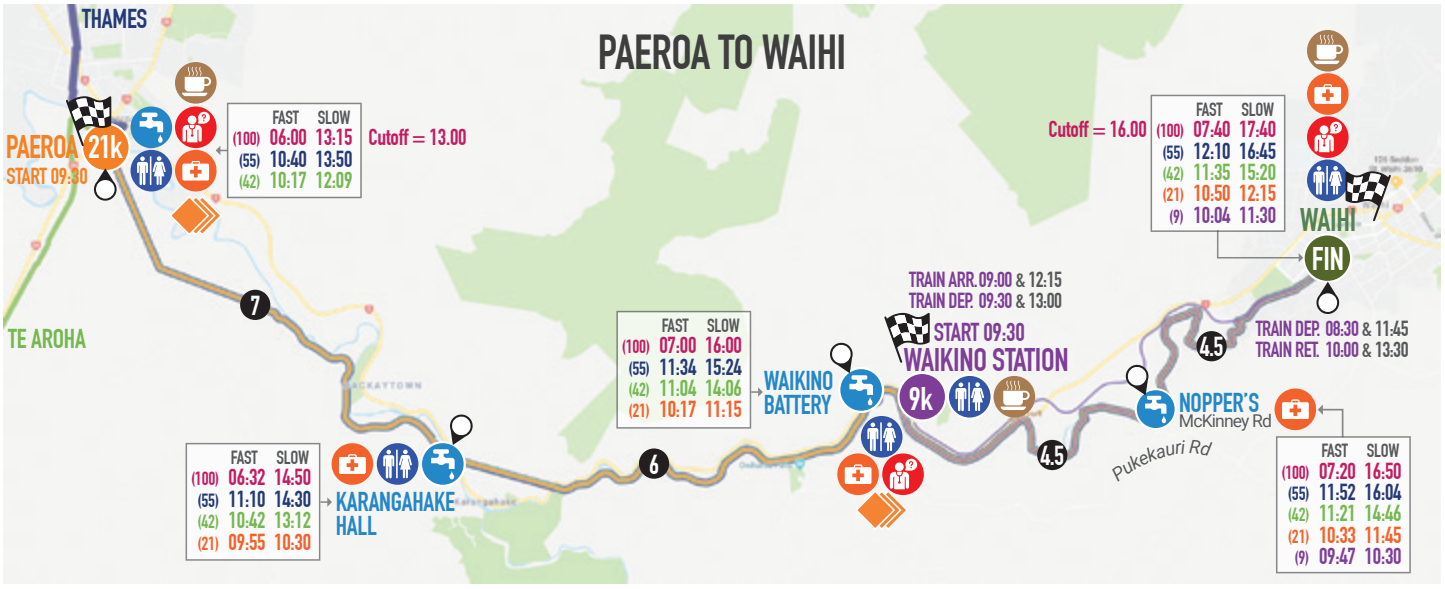

KAIAUA
START 01:00
100
THAMES
START 08:30
55k
MIRANDA
FAST SLOW
01:56 3:20
WAITAKARURU
FAST SLOW
02:32 4:50
PIPIROA
FAST SLOW
03:32 7:20
KOPU
FAST SLOW
(100) 04:24 9:30
(55) 09:00 9:37
Cutoff = 09.30
PURIRI
FAST SLOW
(100) 04:48 10:30
(55) 09:30 10:45
HIKUTAIA
FAST SLOW
(100) 05:20 11:50
(55) 09:58 11:48
Cutoff = 13.00
FAST SLOW
(100) 06:00 13:15
(55) 10:40 13:50
(42) 10:17 12:09
PAEROA
START 09:30
21k
FAST SLOW
09:47 10:57
TIROHIA
KARANGAHAKE
START 09:30
WAIKINO
9k
WAIKINO BATTERY
NOPPER'S
WAIHI
FIN
TE AROHA
START 09:00
42k
Whakatete Bay
Hikuai
Opoute
Onem
Whangam
Matatoki
Ngatea
Mangatarata
Kerepehi
Komata
Tahuna
Mangaiti
Kaimai-Mamaku Forest Park
BAY OF PLENTY
WAIKATO
KEY
Event Start Line
Aid Station
First Aid Kit
Medic Checkpoint
Land SAR Marshal
Toilets
Refreshments
Leg Distance (km)
Leg Marker
ALL COURSES


PAEROA TO WAIHI
THAMES
PAEROA
START 09:30
21k
FAST SLOW
(100) 06:00 13:15
(55) 10:40 13:50
(42) 10:17 12:09
Cutoff = 13.00
TE AROHA
FAST SLOW
(100) 06:32 14:50
(55) 11:10 14:30
(42) 10:42 13:12
(21) 09:55 10:30
KARANGAHAKE HALL
FAST SLOW
(100) 07:00 16:00
(55) 11:34 15:24
(42) 11:04 14:06
(21) 10:17 11:15
WAIKINO BATTERY
TRAIN ARR. 09:00 & 12:15
TRAIN DEP. 09:30 & 13:00
START 09:30
WAIKINO STATION
9k
NOPPER'S
McKinney Rd
Pukekauri Rd
FAST SLOW
(100) 07:20 16:50
(55) 11:52 16:04
(42) 11:21 14:46
(21) 10:33 11:45
(9) 09:47 10:30
TRAIN DEP. 08:30 & 11:45
TRAIN RET. 10:00 & 13:30
Cutoff = 16.00
FAST SLOW
(100) 07:40 17:40
(55) 12:10 16:45
(42) 11:35 15:20
(21) 10:50 12:15
(9) 10:04 11:30
WAIHI
FIN